

體能性社團 Athletic Clubs

以提升運動技術，養成運動習慣為宗旨，
可分為武術、戶外、球類等社團。

跆拳道社	Taekwondo Club
柔道社	Judo Club
中國武術社	Kungfu Club
單車社	Cycling Club
師大登山社	NTNU Mountaineering Club
溜冰社	Skating Club
棒球社	Baseball Club
足球社	Soccer Club
合氣道社	Aikido Club
圍棋社	Go Club
瑜伽社	Yoga Club
西洋劍社	Fencing Club
劍道社	Kendou Club
網球社	Tennis Club
藤球社	Ball Club
體操社	Gymnastics Club
水上活動游泳社	Aquatic Activity and Swimming Club
滑板社	Skateboard Society
清羽弓道社	Qing Yu Kyudo Club
扯鈴社	Diabolo Club
競技飛盤社	Ultimate frisbee
美式躲避球社	Dodgeball Club
健美健身社	Bodybuilding & Fitness Club
體適能社	Physical Fitness Club
綜合格鬥社	Mixed Martial Arts Club
芭蕾舞社	Ballet Club
楊家老架太極武藝社	Yang Classical Taichi Club
西洋棋社	Chess Club
電子競技社	E-sports Club
撞球社	Pool Club
跑酷社	Parkour Club

跆拳道社

Taekwondo Club

歡迎所有對跆拳道有興趣的同學加入跆拳道社！

我們社團由跆拳道專項的教練帶領，跟外面道館的訓練專業度不相上下，無論是黑帶還是跆拳道新手都能加入我們。

在我們社團，除了能學習到跆拳道的技巧外，體能訓練也能幫助你培養良好的運動習慣。

有些事大學的時候不做一輩子都不會做了，青春只有一次！

期待熱血的你成為我們的夥伴！

也歡迎 116 級的你來參加！

如果你想要有個熱血的大學生生活、如果你有夢想，邀請你一起加入跆拳道社！

Welcome to the NTNU Taekwondo club. There is fixed practice time in our club. We regularly hold promotion tests and have many chances to take part in contests. Join our club, and you cannot only have a healthy and self-defense capability, but you can sweat with members, share the feeling with each other, and get the firm friendship.



台灣師大跆拳道社

柔道社

Judo Club

首先，先歡迎各位新生們加入師大這個大家庭！再來我想問大家幾個問題---

對柔道感到好奇嗎？想要學防身？想要學怎麼摔人？想要運動流汗？想要練得精實？想要感受飛起來的感覺(?!)快加入師大柔道吧！我們歡迎你！

練習時間：每周一、三、五，19:00~21:00

地點：師大本部體育館 B1 武術房

師大柔道誠摯歡迎你的加入！我們期待你的到來！

First,welcome to NTNU! And then,I want to ask you some question---


Are you curious about judo? Do you want to learn self defense? Want to learn throwing people? Want to have body workout? want to be more strong? And... want to experience the feeling of being threw? Join the NTNU judo club!

Practice time:every Monday,Wednesday,and Friday,7PM-9PM.

Location:NTNU Headquarters stadium,B1 martial room.

Welcome to NTNU judo club!Hope to see you soon!



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 師大柔道

 https://www.facebook.com/ntnu.judo.club?ref_type=bookmark

中國武術社

Kungfu Club

師大國術社創立於民國 55 年，至今已屆第 56 屆。社內主要練習八極拳及螳螂拳，亦有刀、槍、棍、劍及其他武術的練習。目前社團的指導教練為陳柏誠教練，其同時為八極拳協會教練及理事長。國術社每週固定有例會練習，且每年會舉辦或參加各種活動，例如：迎新晚會、社團出遊、期末成果展、送舊、寒訓、暑訓以及武術性競賽等。歡迎對國術有興趣的同學加入，一窺中國武術之奧妙！

NTNU Kung Fu Club, founded in 1966, offers a well-organized set of Chinese martial art courses. In NTNU Kung-Fu Club, our main courses are Bajji and Mantis; however, we also learn Tai Chi, Piqua, Baqua, and some Chinese traditional weapons. We practice at Daylight Avenue from 7:00pm to 9:30pm, on Tuesday and Thursday. Sincerely hope you can join us!



 ntnukongfuclub@gmail.com

 <https://www.facebook.com/ntnukungfu>

 <http://blog.yam.com/user/ntnukungfu.html>

單車社

Cycling Club

哈囉，我們是第 31 屆單車社！

平時的活動呢，

大概就是騎著單車到處吃吃美食泡泡湯，

然後偶爾也會聚在一起聊聊天 ...

對我們來說踏上單車是最簡單美好的快樂，

我們，用最簡單的方法享受生活！

不管你是喜歡旅行、喜歡流浪、喜歡攝影、喜歡冒險 ...

單車社歡迎來自各地志趣各異的朋友，

我們希望提供大家一個輕鬆的交流空間！

在這裡，或許你會結識一些人，

或許，你們會開始一起追夢 ...

：「有些事現在不做一輩子都不會做了。」

想要大學生活多些瘋狂的回憶嗎？

跟著我們熱血出走，用兩輪征服世界吧！

NTNU Cycling Club is a place for bikers to share their biking experience and provides informations of bike traveling, repairing, and safety.

NTNU Cycling Club aims to train members to enjoy the fun of bike traveling, and have the ability to travel to anywhere alone or in group.



 ntnucyclub@gmail.com

 師大單車社 NTNU Cycling Club

師大登山社

NTNU Mountaineering Club

「師大登山社，讓你成爲一個有故事的人，帶你到離天空更近的地方。」

想爬百岳、中級山？想攀岩、溯溪、泡野溪溫泉？想在 Instagram 上貼出比朋友們都更猛的照片？

想看日出、銀河、雲海、雪景？想學上攀、垂降、架繩、野外求生？

這些需求，師大登山社都能滿足你！

不論你想享受孤獨，或分享生活，都歡迎加入師大登山社！

想分享生活，這裡有群喜愛上山下海的朋友，陪你一同冒險。

想享受孤獨，讓我們教你獨自生存所需的一切技能！

讓我們用雙腳踏過臺灣每寸土地，用雙眼體會台灣山水的綺麗壯闊！

加入我們，你不會後悔！

Have you ever dreamed of standing on the summit of a mountain? Imagine that you walk into the green forests, challenge the limits of yourself through rock climbing and stream tracing, and experience the most sincere temperament of people in the beautiful mountains. If you also love the beauty of nature, you are welcome to join us —The NTNU Mountaineering Club!



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 師大登山社

溜冰社 Skating Club

社團活動：社課（聘請教練教學，以花式角標為主）、路溜（在自行車道、馬路溜直排輪）、小巨蛋溜冰、聚餐

社員福利：租鞋優惠、小巨蛋冰上樂園體驗、路溜

社課時間：平日晚上

社課地點：師大本部／大安森林公園

「輪動，開啟你的溜溜人生，在風與速度之間。」

歡迎加入師大溜冰社！我們「以輪會友」，在這裡找到更多同好，並體驗各種輪上運動的飛馳快感——練習花樁時穿梭在角標之間、路溜時徜徉於河畔小徑，或溜冰時蹬著冰刀俐落前行。沒有經驗也沒關係，教練會從零開始教起！不管你是哪種程度，我們都歡迎喔！

“Get your talaria on! Fly with us, slash the wind.”

Welcome to NTNU skating club! We aim to look for more roller-skating lovers, and bring the joy of the sport to everyone. In our meetings, we immerse participants in multiple kinds of skating, from our favorite, slalom, to street-skating and ice-skating. And don't worry if you are not skilled, we accept new blood from every level. Both beginners and veterans are welcomed! Now, do you want to be embraced by breeze when weaving through the cones when inline-skating? Do you want to experience the thrill when accelerating on road and ice? Join us now, and streak over light via speed of light!



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 師大溜冰社 NTNU SC

棒球社

Baseball Club

師大棒球社是由一群棒球傻瓜所組成的家庭！

對棒球懷抱著無比熱情的我們，集結了一群熱愛棒球的夥伴，提供社團平台與大家練球，以社團理念經營、以校隊精神出外比賽，讓社員進一步挑戰自己，代表師大打出榮耀！我們利用課餘的時間，在各個河堤邊的球場，揮灑汗水、燃燒青春，奔馳在紅土上，留下奮鬥的痕跡，一圓彼此的棒球夢。只要有顆愛好棒球的心，我們都熱烈歡迎每一個你與妳的加入，一起在棒球中找到熱情，與我們一同冒險，一起寫出屬於師大棒球的精彩篇章。

We are a club founded by a bunch of baseball maniacs, formed by a group of students who love playing baseball.

Whether you have learned how to play baseball in the past or not, you'll definitely find your passion for baseball in this club.

We welcome you alike no matter how much previous experience you have. Whether you're a rookie or veteran, you'll definitely rekindle your passion and understand the meaning of a team here.

We hope you to enjoy playing with us and become part of our story.



ntnubaseball@gmail.com



師大乙組棒球隊




<https://instagram.com/ntnubaseball?igshid=Y2lzZGU1MTFhOQ==>

足球社 Soccer Club

我們是由一群熱愛踢足球的學生所組成的社團，不管你或妳是否曾經學過足球，都能在這找到對足球的熱情；已經對踢球十分熟練的人，可以在這互相切磋、精進球技；沒有踢過但愛好足球的人也可以與我們一同練習、進步。加入我們，一起享受在綠茵上奔跑的感受吧！

Our club is formed by a group of students who love playing soccer. Whether you have learned how to play soccer in the past or not, you'll definitely find your passion for soccer in this club. For those who are familiar with the game, you may find match here to practice with and improve your skills; as for the novices who have interest in soccer, you can also practice with us and make progress at your own pace. So, join us! Let's enjoy the excitement running on the green field!



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 臺灣師範大學足球隊 NTNU Football Team

合氣道社 Aikido Club

合氣道是一種源自日本的近代武術。特點在於借力使力、結合關節技進行壓制，而不會主動去攻擊對手，是一門提倡和平的武術。除了每週的練習外，社團還有社遊及許多校際間的交流活動。社課時間為每週二、四晚上，於師大本部體育館 B1 武術房練習。隨時歡迎同學們加入練習，一起加入師大合氣道社這個大家庭～

Aikido, originated from Japan, a martial art that emphasizes throwing techniques and joint locking. Also called “the way of harmony”. Although we are a martial art related club, we have outings and other activities, hoping our members to become closer. Of course, we will practice with other Aikido clubs too. Regular training (keiko) are held every Tuesday and Thursday night, at NTNU gymnasium B1, main campus. Beginners are always welcomed, come and join our big Aikido family~



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國立台灣師範大學合氣道社

圍棋社

Go Club


圍棋社集合了一群對圍棋有興趣的同好，以棋會友，提供圍棋愛好者相互切磋的機會與共同成長的空間，透過下棋訓練智力、全盤規劃以及對情緒的控制，以達到修身養性的效果，同時開設專題課程，讓社員們教學相長，並致力於向校內校外推廣圍棋運動。

目前在初學、級位與段位三種分級上都有開設課程，歡迎 116 級對圍棋有興趣的學弟妹加入圍棋社，一同砥礪與學習，讓圍棋成為大學生活精彩的一部分吧！


The Go club gathers a group of friends who are interested in Go to provide opportunities for Go lovers to learn from each other and space for common growth. Through chess intelligence training, overall planning and emotional control, we can achieve the effect of self-cultivation. At the same time, special courses are set up to let members learn together. And we keep promoting Go in and out of school.

At present, there are courses in the three levels of beginners, medium learners and Advanced learners. Welcome to join the Go club for students of level 116 who are interested in Go. Let Go become a wonderful part of our college life!



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 師大圍棋社


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瑜伽社 Yoga Club


瑜伽，源於古印度文化，現在廣泛流行的運動。瑜伽運動有助於調適心靈、放鬆身體、舒緩壓力，同時可以幫助了解自己的身體及健康狀況，提升新陳代謝。過程中能增加感情交流、幫助壓力釋放及培養互助團結的精神，達到美麗健康的休閒興趣。每週規律性的社課由專業老師帶領進入瑜伽的世界，讓身心都得到沈澱與放鬆，對瑜伽有興趣的朋友不分男女趕快加入我們吧！

Yoga, derived from the ancient Indian, now is a widely known and popular sport. It helps to adapt the mind, relax the body, Relieve stress, and also help to understand your own body situation. Weekly classes taught by professional teachers and led you into the world of yoga, the body and mind can precipitated and relaxation, if you are interested in Yoga, don't hesitate, come and join us!



 ntnuyoga16@gmail.com

 <https://www.facebook.com/groups/202721423191375/>

 IG: [yogaclub_ntnu](#)

西洋劍社 Fencing Club

是否會被騎士瀟灑的敬禮而迷倒呢？

是否因為崇拜著三劍客而立志成為一名火槍手，卻又感嘆生不逢時呢？

師大西洋劍社能完成你畢生的夢想！

無須任何經驗和任何裝備即可加入帥氣的行列！

社團將提供全套護具、劍

同時還有擊劍規則、技能的 A 級教授！

還在猶豫什麼？

劍客之路就在你眼前！

Ever captivated by knights' elegant salute?

Ever hope to be a musketeer because of the worship toward Les Trois Mousquetaires
but sign with the wrong-born era?

Fencing club's going to fulfill the dream in your entire life!

You're still able to join the cool team without any experience or equipment.


The club will offer you all the equipment and also the teaching of rules and technique.

What are you waiting for? Come and get your sword!



 ntnufencingclub2003@gmail.com

 <https://www.facebook.com/groups/149023318520183/>

 [ig: ntnu_fencing](https://www.instagram.com/ntnu_fencing)

劍道社

Kendou Club

劍道是一項起源於中國，在日本經過千年淬煉而成的一項歷史十分悠久又富有文化涵養的武術運動。在這裡你(妳)除了可以學到劍道技巧和博大精深的東方武術文化外，社課之餘亦有不定期舉辦的各式各樣的聚會與活動，同時我們也積極參與學校的活動。不管你(妳)是單純喜歡劍道、喜歡交朋友、或是喜歡上台表演，相信都能在師大劍道社獲得豐富的收穫。歡迎加入劍道社！讓我們與劍一起對話吧！

Kendo, ancient Japanese swordsmanship, bears the wisdom of Zen philosophy, which emphasizes oneness of mind, body and sword. Through practicing kendo one is not only training the physical strength and flexibility but also the strength of mind. Kendo enables the mind to stay focused and calm in everyday life and when facing stressful situation. You are most welcome to join NTNU Kendo Club on the road to the realm of Zen emptiness of mind and experience the fun of its fighting in pairs.



ntnukendo@gmail.com



臺師大劍道社 一劍爭鳴 (ntnu kendo club; 台灣師範大學劍道部)

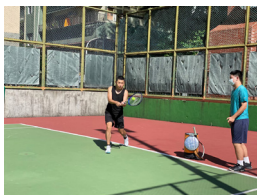
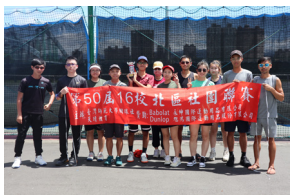
網球社

Tennis Club

師大網球社宗旨為推廣網球運動，提升網球運動的風氣。我們進行網球的教學與推廣，以社員能快樂打球、能進行比賽為目標，並於場外舉辦及參加各種交流、聯誼性活動，如友誼賽等，維持穩定運作且不斷成長至今。不論是從沒碰過網球的新手，或是已經有一段網球經驗的同學們，只要熱愛網球或對網球有興趣，我們都很誠摯地歡迎你們的加入！

NTNU Tennis Club provides people with tennis lessons and training sessions, to raise the popularity of this sport. Our purpose is to make club members enjoy tennis and able to get on court playing a match. We'd also hold or participate in various activities, like friendly competitions with other universities.

Whether you've learned tennis, can play tennis or not, we welcome all people who are interested in it and especially those who have passion on tennis! We're expecting to see you on court!



 tennisclubntnu@gmail.com

 師大網球社

藤球社 Ball Club

藤球又被稱為「腳踢的排球」，比賽進行方式類似排球，同樣是三球過網及落地得分，藤球也是一項全身性的活動，雖說是腳踢的排球，但其實除了手以外的部位都可以用來擊球。

師大藤球社除了固定練習時間及比賽外，也會辦理與藤球相關活動，靜態擺攤宣傳以及拍攝藤球影片推廣，希望藉由帥氣的比賽及有趣的影片讓大家更認識藤球，也歡迎對藤球有興趣的同學加入我們，跟我們一起享受藤球帶給我們的歡樂。

Sepak takraw is also known as "kick the volleyball". The game is played in a similar way to volleyball. It is also a three-ball passing over the net and scoring the ground. Sepak takraw is also a whole-body activity. It can be used to hit the ball except the hand.

In addition to practice time and competitions, NTNU Sepak Takraw Club will also conduct activities related to Sepak takraw, static stall promotion and shooting Sepak takraw videos. We hope that through handsome games and interesting videos, everyone will know more about Sepak takraw. Students who are interested in sepak takraw are also welcome to join us.



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 臺灣師大藤球隊

體操社

Gymnastics Club

帥氣的空翻！優美的體態！師大體操社，透過專業的教學與器材，帶大家認識體操，體會翻滾跳躍的樂趣與成就感，其實接觸體操不像想像中遙不可及！還可以近距離欣賞體操選手的專業訓練與對抗地心引力的精湛表現！

只要你有一顆熱愛體操的心，不用擔心，不需要基礎，透過我們一堂堂由淺而深的社課，你也可以和我們一起享受翻滾的體驗，加入師大體操社，和我們一起愛上體操吧！

Are you interesting in fantastics somersaults and elegant dance?! NTNU gymnastics club, through the professional teaching and equipment, leading everyone to understand gymnastics, experience the fun of jumping, flipping and feeling the sense of accomplishment, in fact, gymnastics is not as far away as imagination!

Join us you can also appreciate the professional training of gymnasts and their exquisite performance against the gravity !

To join us, you don't need any foundation or concern the only thing you need is passion for gymnastics! Just join us and you will also love it!



ntnugym@gmail.com



體操社團暨乙組校隊 NTNU Gymnastics

水上活動游泳社

Aquatic Activity and Swimming Club

哈囉 大家！我們是水上活動游泳社！我們是一群熱愛游泳的魚，在水裡最自在！

在水中我們一起自在地游泳，也一起學習和成長。所以如果你是初學者，不用擔心！我們友善的教練和魚兒們會一直陪著你克服種種困難！


歡迎加入我們，也期待在泳池相見！


Hi all! We are NTNU aquatics club! We are a school of fish at heart and we return to our "natural habitat" to follow our passions. Under the water is what feels right for us.

In the water, we grow and learn as we swim freely together. So no worries if you're a beginner. Our coach and friendly club members will always have your back.

We send our warmest welcome to you and we look forward to meeting you at the pool!



 ntnuaquatics@gmail.com

 臺師大水泳社 NTNU Aquatics

 Instagram username: ntnuaquatics

滑板社

Skateboard Society

本社以促進滑板交流、推廣滑板活動及文化為宗旨，並提供各項滑板相關之活動。歡迎各位對於滑板有興趣的朋友們加入我們，我們偶爾會有些活動 (例如：街滑、聯合社課)，來這裡認識滑板文化吧！

Welcome to join us.We are NTNU skateboard society.Anyone who is interested to skateboard can join us.We provide basic introduction of skateboard and some tricks. Making skating friends is our goal!!



ntnuskate@gmail.com



師大滑板社 NTNU Skateboard Society



[ig:ntnu_sk8](https://www.instagram.com/ig:ntnu_sk8)

清羽弓道社

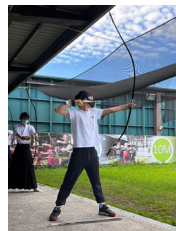
Qing Yu Kyudo Club

弓道是一個融合了日本歷史、文化和精神的一種運動。

也許不是每個人都射過箭，但許多人都曾經被射箭時帥氣的姿勢吸引過。不同於奧運的西洋弓和族群的傳統弓，日本弓道除了帥氣的射箭之外，更有著沉穩而美麗的禮儀流程。歡迎每一位有興趣、想認識弓道這個文化領域的人一同參與弓道社。

Kyudo is a sport which includes the history, the culture and the spirit of Japan.

You may not have any experience about Kyudo, but the handsome shooting pose must caught your attention before. Different from the Archery competition of Olympics and traditional bow, Kyudo includes handsome shooting pose and humble etiquette process. Welcome everyone who is interested in Kyudo to join our club.



ntnukyudo@gmail.com



師大弓道社

扯鈴社

Diabolo Club

師大扯鈴社主要在推廣傳統民俗技藝，讓更多人了解、嘗試，甚至習得此技藝，讓扯鈴得以在師大盛行並流傳。同時社團的成立期望能集結扯鈴愛好者，提供他們場地和渠道學習更多扯鈴技術和培養興趣，亦期望能滿足不同社員的需求，透過多元化的社課讓社員能在本社中學有所成。

The establishment of the NTNU Diabolo Club is mainly to promote the traditional folklore skill, let more people to have gained some understanding of diabolo, and even give it a try. So that this kind of traditional act art can be spread and greatly enjoyed in NTNU. Our club also hopes to gather enthusiasts of diabolo, provide them with venues and channels to learn more diabolo techniques and further cultivate their interest.



chaohsi.steven@gmail.com



師大扯鈴社

競技飛盤社

Ultimate frisbee

競技飛盤社，我們由一群熱愛飛盤的人所組成。成立社團的宗旨就是讓更多人一同體驗飛盤之樂趣，並且一起努力訓練在大專盃拿下更好的名次！歡迎各位來與我們一同努力！

NTNU Ultimate Frisbee club is composed of people who are passionate about Ultimate Frisbee. The purpose of our club is to have more people enjoy Ultimate Frisbee. We strive hard to achieve better place in UUC (Ultimate University Championships) Everyone is welcomed to join with us! Let's work together!



 scwei0426@gmail.com

 臺灣師大飛盤隊 NTNU Frisbee

 [ig:@ntnu_frisbee](https://www.instagram.com/ntnu_frisbee)

美式躲避球社

Dodgeball Club

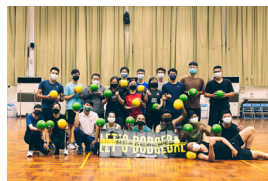
美式躲避球又稱複式躲避球，全球有七十個會員國家代表隊。在台灣由「中華民國複式躲避球協會」辦理相關活動。師大美式躲避球社特邀中華民國複式躲避球協會李承安理事長擔任社團指導老師，在校園中推廣美式躲避球運動並期許能培養社團成員參加世界盃等國際賽事。美式躲避球社將規劃一系列活動，帶大家體驗美式躲避球的樂趣。無論你是新手或是有經驗的選手，只要你對美式躲避球有興趣，都歡迎你們加入美式躲避球大家庭。

Welcome to join us in NTNU Dodgeball Club!

There are nearly 70 national dodgeball teams around the world. Recently, dodgeball has become more and more popular in Asia. In Taiwan, it is promoted by the Chinese Taipei DodgeBall Federation (CTDBF).

We aims to promote dodgeball on campus and trains club members to become professional players for national contests. To achieve that purpose, we hereby invite Eddi Lee, the founder of CTDBF, to serve as our instructor. We'll plan to hold a series of activities for you to experience the fun dodgeball can bring to people.

Whether you are a beginner or a professional player, come join us!



 ntnudodgeball@gmail.com

 NTNU Dodgeball Club 臺師大美式躲避球社

 IG: 臺師大美式躲避球

健美健身社

Bodybuilding & Fitness Club

成立宗旨：

- 一、促進本校學生健美健身運動交流。
- 二、舉辦相關活動藉以提高技術水準及推廣健美健身運動。
- 三、協助社員考取健美健身相關證照。
- 四、辦理健美健身賽事。
- 五、辦理校內健美健身代表隊選拔。
- 六、增進社員健康，發揚運動精神。

社團目標

短期：推廣健美健身運動，並帶動全校健美健身運動風氣，活絡社團氣氛。

中期：藉由不同訓練、培訓課程以及邀請專業選手分享指導來提升社員對於健美健身運動的知識與技巧。

長期：代表學校參加國內健身健美賽事，取得佳績。

Founding Purpose:

- 1.Promote the exchange of fitness and bodybuilding activities in our school.
- 2.Organize related activities to improve members' ability and promote fitness and bodybuilding.
- 3.Assist our members obtain certificates related to bodybuilding and fitness.
- 4.Holding bodybuilding competitions.
- 5.Handle the selection of our school's bodybuilding team.
6. Improve health and promote the spirit of sports.

Finally, we sincerely welcome anyone who are interested in bodybuilding and fitness to join us.



ntnfitnessclub@gmail.com



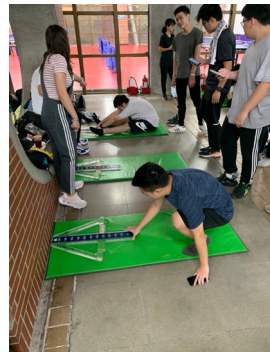
師大健美健身社

體適能社

Physical Fitness Club

師大體適能社團建立爲了助於學生具有充足的體力來適應日常生活或讀書，健康狀況較佳，均衡發展。社團爲學生提供歡樂活潑的生活方式以及場所。希望學生們養成良好的健康生活方式和習慣，在生活中尋找自己的歡樂。

The NTNU Physical Fitness Club was established to help students have sufficient physical strength to adapt to daily life or study, with better health and balanced development. Clubs and societies provide students with a lively lifestyle and place. It is hoped that students will develop a good healthy lifestyle and habits and find their own joy in life.



 phamthuytrang11h@gmail.com

 台師大體適能社團

綜合格鬥社

Mixed Martial Arts Club

綜合格鬥是一種允許打擊、踢擊、摔技與地板技的競技運動。

綜合格鬥運動並不只是我們在電視上看到的頭破血流，更多的是在我們在訓練過程中逐漸增強的身體和心理，提升自信也學會尊重，成為有武德之人。

社課時聘請專業的教練，教導正確觀念，透過安全有效的訓練方式，共同學習成長。

不論男生女生、新手老手，想來學會防身，保護身邊的人，或是運動強身雕朔體態，甚至精進自己技術，希望有朝一日能夠站上擂台的人，都歡迎加入我們喔！

MMA is a full-contact combat sport that allows a wide variety of fighting techniques and skills from a mixture of other combat sports to be used in competition

MMA is often practiced because its extremely demanding nature helps athletes get an thorough workout, and it requires a unique dedication that is helpful not just for fighting but also personal development.


You can transform your body, meet great people, and have fun with us.

Welcome to NTNU Mixed Martial Art Club.



 ntnumma@gmail.com

 [NTNU MMA 臺師大綜合格鬥社](#)

 [instagram:ntnu_mma](#)

芭蕾舞社 Ballet Club

師大芭蕾舞社成立於 2021 年，是由一群熱愛芭蕾的師大生所創立。熱烈歡迎所有喜歡芭蕾或是想要認識芭蕾的你一起加入我們！

NTNU Ballet was established by six passionate NTNU students in 2021. We welcome all those who are ballet aficionados or just interested in this art form, to join us on this lifelong Ballet Journey!



ntnuballet20@gmail.com



NTNU Ballet 師大芭蕾舞社



<https://www.instagram.com/ntnuballet/>

楊家老架太極武藝社 Yang Classical Taichi Club

念念不忘，必有迴響
太極武藝，後繼有人

太極拳是一宗以太極？哲學基礎，具備技擊性與養生性的武藝。透過身與意的感知，學習自我覺察的工夫，在靜動相間、舒展放鬆的狀態下，串聯與調整身體內外張力網絡，以達身心意識開發的效果。

我們練習楊家老架太極拳以強化身心，包含拳術、兵器與對待；更藉由品茶、探討思想義理，與賞析文化等方式，來涵養性靈。社團預備不定期舉辦集訓以及校內外交流活動，一同精進武藝！

歡迎有興趣的同學來一同領略中華武術的魅力！

Welcome to Yang Style Taichi Club ! At here we will practice Yang Style Taichi, having tea party and share about Chinese culture. And we'll also have training camp during summer and winter vocations. Come here and join us !



 ntnutaichi2022@gmail.com

 師大楊家老架太極武藝社

 <https://www.instagram.com/ntnutaichi/?r=nametag>

西洋棋社 Chess Club

我們致力於提供一個友好、有趣和具挑戰性的環境，讓成員可以在彼此之間交流、學習和競爭。我們歡迎所有水平的成員加入。對於初學者，我們提供棋藝課程和指導，幫助每一位社員建立起基礎技能。對於更有經驗的成員，我們提供更高水平的挑戰和競爭。除了每周的聚會練習和比賽外，我們還舉辦各種活動，包括講座、展覽、聯誼和比賽。我們會與其他大學和棋藝相關俱樂部聯繫，以擴大我們的交流和合作。

We strive to provide a friendly, fun and challenging environment where members can network, learn and compete with each other. We welcome members of all levels. We provide chess lessons and guidance for beginners to help each member build fundamental skills. For more experienced members, we offer a higher level of challenge and competition. As well as weekly meetups, practice sessions and competitions, we host various events including lectures, exhibitions, networking and competitions. We will contact other universities and chess-related clubs to expand our exchanges and cooperation.



ntnuchess@gmail.com



師大西洋棋社 NTNU chess club

電子競技社

E-sports Club

本社旨在促進校園電子競技風氣，舉辦各式電子競技比賽與相關活動，以期讓更多同學了解電子競技。並透過社課、團隊練習，有機會組織高水準的電競隊伍參加校內與校際比賽。


歡迎各位新生與各年段的同學一起加入電競社的行列，無論你想要以選手、教練、後勤、電競相關角色在電競圈發揮自己所長，師大電競社都非常歡迎各位！

The purpose of this club is to promote the atmosphere of e-sports on campus, hold various e-sports competitions and related activities, in order to let more students know about e-sports. And through social classes and team exercises, we have the opportunity to organize high-level e-sports teams to participate in intra-school and inter-school competitions.

Welcome all freshmen and students of all ages to join the e-sports club. Whether you want to play your own strengths in the e-sports circle as a player, coach, logistics, or e-sports-related roles, NTNU e-sports club welcomes you all!



 ntnuesportsclub@gmail.com

 師大電子競技社

撞球社

Pool Club

大家好！歡迎來到撞球社！

無論您是初學者還是有經驗的選手，撞球社都歡迎你。我們將定期舉辦比賽和跨校撞球社交流，也會週週固定的舉辦撞球技巧課程，幫助社員們進一步提升技術。無論您是尋找競技挑戰，或是純粹想要放鬆身心，交交朋友，我們的社團都能滿足您的需求。

可以上 FB 或是 IG 搜尋師大撞球社，在這裡你可以收到社團活動資訊。加入我們，讓我們一起擁抱撞球這項精彩的運動，並共同創造美好的回憶！

Hello everyone! Welcome to the Billiards Club!

Whether you're a beginner or an experienced player, the Billiards Club welcomes you. We regularly organize competitions and inter-school billiards exchanges. We also offer weekly billiards skills classes to help our members improve their techniques. Whether you're seeking competitive challenges or simply want to relax, unwind, and make new friends, our club caters to your needs.

You can find us on FB or IG by searching for "NTNU Billiards Club." Here, you can stay updated on all the club's activities. Join us, and let's embrace the excitement of billiards together and create wonderful memories!



uanb123@gmail.com



師大撞球社

跑酷社

Parkour Club

你想躍上天空，追上風嗎？

你想不被蜘蛛咬就擁有高超身手嗎？

你想知道自己的身體有多強的潛力嗎？

如果以上有一個答案是「是」，跑酷社就是你最好的選擇。

本社由專業跑酷教練指導，用安全漸進的方式，帶領你從完全沒學過的新手，成為在障礙物之間自由穿梭的跑酷高手。

例行社課之外，社遊也是我們的重頭戲。一起到別的地點練習跑酷，和不同的玩家交流，拓展視野。

如果你還在猶豫，不用擔心自己要多厲害才能開始，開始了才會變得厲害。

Do you wanna leap into the sky and chase the wind?

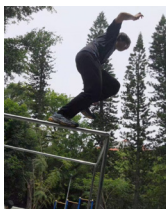
Do you wanna have a superhuman physique without a spider bite?

Do you wanna know how much potential your body can achieve?

With the guidance of a professional parkour instructor, we'll progress in a safe way. From full newbie to the badass move freely through obstacles.

Alongside the weekly event, the tour is also our spotlight. We'll train together in different spot outside, meet other parkour athletes and expand our sight.

If you're still hesitating, don't worry if you're not strong enough to start. You'll become stronger as you get started.



ntnuparkour@gmail.com



台師大跑酷社